



ZUMBA[®]
fitness

PARTY YOURSELF INTO SHAPE

THE LATIN-INSPIRED,
EASY-TO-FOLLOW,
CALORIE-BURNING,
DANCE-FITNESS PARTY.
FEEL THE MUSIC
AND LET LOOSE.



FOR CLASS DETAILS
CONTACT YOUR LICENSED ZUMBA[®] INSTRUCTOR:

Jennie Dodd
07810 706 960
jennie@nimblelimbs.com

**ZUMBA IS BACK IN DOLTON
STARTING...
MONDAY 10TH SEPTEMBER AT 7PM!**

zumba.com

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JOIN THE
party